

LEWIS MALL Adult Day Health Center

MARCH 2010

(ACTIVITIES SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 8-10 News/Puzzles 10:30 <u>ZUMBA</u> 11:00 CRAFTS 12:15 TRIVIA 12:30 LUNCH 1:20 MANICURES Wii GAME</p>	<p>2 8-10 News/Puzzles 10:15 MANICURES 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:20 BINGO</p>	<p>3 8-10 News/Puzzles 10:15 CRAFTS Wii GAME 12:00 EXERCISE 12:15 TRIVIA 12:30 LUNCH 1:20 <u>Participant</u> <u>Council</u></p>	<p>4 8-10 News/Puzzles 10:15 CRAFTS 11:00 <u>Nutrition</u> <u>Presentation-</u> 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:20 CARDS WORD GAME</p>	<p>5 8-10 News/Puzzles 10:15 CRAFTS and ART GROUP 12:00 LET'S MOVE 12:15 TRIVIA 12:30 LUNCH 1:20 BINGO</p>
<p>8 8-10 News/Puzzles 10:15 CRAFTS Wii GAME 12:00 SITTEERCISE 12:15 TRIVIA 12:30 LUNCH 1:20 MANICURES</p>	<p>9 8-10 News/Puzzles 10:15 CRAFTS 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:20 BINGO</p>	<p>10 8-10 News/Puzzles 10:15 CRAFTS 12:00 STRETCH 12:15 TRIVIA 12:30 LUNCH 1:20 CARDS WORD GAME</p>	<p>11 8-10 News/Puzzles 10:15 CRAFTS 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:20 BINGO</p>	<p>12 8-10 News/Puzzles 10:15 CRAFTS 12:00 EXERCISE 12:15 TRIVIA 12:30 LUNCH 1:20 <u>GIRL SCOUT</u> <u>COOKIE SOCIAL</u></p>
<p>15 8-10 News/Puzzles 10:00 EASTER DECORATIONS 10:30 <u>ZUMBA</u> 12:15 TRIVIA 12:30 LUNCH 1:20 CARDS WORD GAME</p>	<p>16 8-10 News/Puzzles 10:15 EASTER DECORATIONS 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:20 BINGO</p>	<p>17 <u>ST. PATRICKS</u> <u>DAY</u> 8-10 News/Puzzles 10:15 CRAFTS 12:00 LET'S MOVE 12:15 TRIVIA 12:30 LUNCH 1:20 <u>ST. PAT'S</u> <u>DAY SOCIAL</u></p>	<p>18 8-10 News/Puzzles 10:15 EASTER DECORATIONS 11:30 EXERCISE WITH NANCY 12:30 LUNCH 1:15 <u>MASS with</u> <u>Fr. TOM</u></p>	<p>19 8-10 News/Puzzles 10:15 CRAFTS and ART GROUP 12:00 EXERCISE 12:15 TRIVIA 12:30 LUNCH 1:20 BINGO</p>

22
8-10 News/Puzzles 10:15
EASTER
DECORATIONS
12:00 EXERCISE
12:15 TRIVIA
12:30 LUNCH
1:20 CARDS
WORD GAME

23
8-10 News/Puzzles
10:15 EASTER
DECORATIONS
11:30 EXERCISE
WITH NANCY
12:30 LUNCH
1:20 BINGO

24
8-10 News/Puzzles
10:00 Diabetes Gr.
with Tori
10:15 MANICURES
12:00 EXERCISE
12:15 TRIVIA
12:30 LUNCH
1:00 MEMORIAL
SERVICE

25
8-10 News/Puzzles
10:15 EASTER
DECORATIONS
11:30 EXERCISE
WITH NANCY
12:30 LUNCH
1:20 MARCH
BIRTHDAY CAKE

26
8-10 News/Puzzles
10:15 CRAFTS
Wii GAME
12:00 EXERCISE
12:15 TRIVIA
12:30 LUNCH
1:20 BINGO

29
8-10 News/Puzzles
10:15 CRAFTS
12:00 EXERCISE
12:15 TRIVIA
12:30 LUNCH
1:20 CARDS
WORD GAME

30 Passover Begins
8-10 News/Puzzles
10:15 CRAFTS
12:00 EXERCISE
WITH NANCY
12:30 LUNCH
1:20 BINGO

31
8-10 News/Puzzles
10:15 CRAFTS
12:00 EXERCISE
12:15 TRIVIA
12:30 LUNCH
1:20 SCRAPBOOKING
WITH DONNA

