

Winthrop Adult Day Health Center

July 2010

ACTIVITIES SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>WHEELCHAIR BEAUTIFICATION MONTH</p> 	<p>CUPCAKE MONTH</p> 	<p>BAKED BEANS MONTH</p> 	 <p>POSTAL WORKERS MONTH</p>	<p>1. 8:30 COFFEE SOCIAL 10:30 ART CLASS WITH JASON 10:30 MENS GROUP 11:30 EXERCISE 12:00 LUNCH 1:00 JOKES NATIONAL JOKE DAY</p>	<p>2. 8:30 COFFEE SOCIAL 10:30 I FORGOT!! 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO HALFWAY DAY</p>	<p>3. 9:00 BREAKFAST 10:30 CRAFTS 11:30 EXERCISE 12:00 LUNCH 1:00 SATURDAY AT THE MOVIES</p>
<p>4. 9:00 BREAKFAST 10:30 CRAFTS 11:30 EXERCISE 12:30 LUNCH TIME 1:30 BINGO INDEPENDENCE DAY</p> 	<p>HOLIDAY ADH CLOSED</p> 	<p>6 8:30 COFFEE SOCIAL 10:30 NAME THAT TUNE 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO 1953 NAME THAT TUNE PREMIERES</p>	<p>7. 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30-EXERCISE 12:00 LUNCH 1:00 BANANA SPLITS</p> 	<p>8. 8:30 COFFEE SOCIAL 10:30 ART CLASS WITH JASON 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO</p>	<p>9 8:30 COFFEE SOCIAL 10:30 BEAT THE BLUES 10:30 BOWLING 11:30 EXERCISE 12:00 LUNCH 1:00 FOREST GUMP TOM HANKS BIRTHDAY</p>	<p>10 9:00 BREAKFAST 11:30 EXERCISE 12:30 LUNCH 1:30 SATURDAY AT THE MOVIES</p>
<p>11 9:00 BREAKFAST 10:30 CRAFTS 11:30 EXERCISE 12:30 LUNCH</p>	<p>12 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30 EXERCISE</p>	<p>13. 8:30 COFFEE SOCIAL 10:30 GAMES 11:00 DIABETIC</p>	<p>14 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30 EXERCISE</p>	<p>15. 8:30 COFFEE SOCIAL 10:30 ART CLASS WITH JASON</p>	<p>16. 8:30COFFEE SOCIA 11:00 BEAT THE BLUES</p>	<p>17 9:00 BREAKFAST 11:30 EXERCISE 12:30 LUNCH 1:00 CRAFTS-</p>

1:30 BINGO

12:00 LUNCH
1:00 BINGO/SLUSH
DAY

**HAPPY
BIRTHDAY
UNCLE MILTIE**

SUPPORT GROUP
11:30 EXERCISE
12:00 LUNCH
1:00 PUZZLES/CAKE
**NATIONAL
PUZZLE DAY**

12:00 LUNCH
1:00 BINGO



11:30 EXERCISE
12:00 LUNCH
1:00 OUTDOOR
GAMES

10:30 OPEN TIME
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

COLORING

**HOG CALLING
CONTEST**

18
9:00 BREAKFAST
10:30 CRAFTS
11:30 EXERCISE
12:30 LUNCH
1:30 BINGO

**HAPPY
BIRTHDAY
RED
SKELTON**

19
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 KID'S SAY THE
DARNDDEST THINGS

20
8:30 COFFEE
SOCIAL
10.30 CASINO DAY
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO
**1969
Neil Armstrong
steps on to the
moon**

21
8:30 COFFEE
SOCIAL
10:30 BOWLING
11:30 EXERCISE
12:00 LUNCH
1:00 BIRTHDAY
CAKE
**DRESS IN YOUR
FAVORITE COLOR
TODAY**

22.
8:30 COFFEE
SOCIAL
10:30 TRIVIA
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO
**HAPPY
BIRTHDAY
ALEX TREBEK**

23
8:30 COFFEE
SOCIAL
10:30 OPEN TIME
11:00 BEAT THE
BLUES
11:30 EXERCISE
12:00 LUNCH
1:00 ICE CREAM
CONES
**1904
ICE CREAM
CONE INVENTED**

24.
9:00 BREAKFAST
11:30 EXERCISE
12:30 LUNCH
1:30 SATURDAY AT
THE MOVIES

25
9:00 BREAKFAST
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

26.
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

27.
8:30 COFFEE
SOCIAL
10:30
11:30 EXERCISE
12:00 LUNCH
1:00 APOPT A
GRANDPARENT
PROGRAM/KIDS
**TAKE YOUR
HOUSEPLANT FOR
A WALK DAY**

28.
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

29
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 PCTS CHOICE
**1958
NASA CREATED**

30
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO
**1965
MEDICARE
BILL SIGNED**

31
9:00 BREAKFAST
11:30 EXERCISE
12:30 LUNCH
1:30 SATURDAY AT
THE MOVIES