

Winthrop Adult Day Health Center

March 2010

ACTIVITIES SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NATIONAL CRAFT MONTH</p> 	<p>1. 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30 EXERCISE 12:00 LUNCH 1:00 HAPPY HOUR 6:00 JUNE SINGS</p> <p>NATIONAL PIG DAY</p>	<p>2. 8:30 COFFEE SOCIAL 10:30 BELIEVE IT OR NOT 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO</p>	<p>3. 8:30 COFFEE SOCIAL 10:30 CRAFT 10:00 BEAT THE BLUES 11:30 EXERCISE 12:00 LUNCH 1:00 CURRENT EVENTS</p> <p>NATIONAL CURRENT EVENTS DAY</p>	<p>4. 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO</p> <p>1634 FIRST TAVERN IN AMERICA</p>	<p>5. 8:30 COFFEE SOCIAL 10:30 BALLOON TOSS 11:30 EXERCISE 12:00 LUNCH 1:00 BOWLING</p> <p>1770 BOSTON MASSACRE</p>	<p>6. 9:00 BREAKFAST 10:30 CRAFTS 11:30 EXERCISE 12:00 LUNCH 1:00 SATURDAY AT THE MOVIES</p>
<p>7. 9:00 BREAKFAST 10:30 CRAFTS 11:30 EXERCISE 12:30 LUNCH TIME 1:30 BINGO</p> <p>ACTIVITY PROFESSIONAL WEEK</p>	<p>8. 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:30 EXERCISE 12:00 LUNCH 1:00 CELEBRATE OUR NAMES</p> <p>CELEBRATE YOUR NAME WEEK</p>	<p>9. 8:30 COFFEE SOCIAL 10:30 KAROKE 11:00 DIABETES GROUP 11:30 EXERCISE 12:00 LUNCH</p> <p>1822 FALSE TEETH PATENTED</p>	<p>10. 8:30 COFFEE SOCIAL 10:00 BEAT THE BLUES 10:30 CRAFTS 11:30-EXERCISE 12:00 LUNCH 1:00 BINGO</p>	<p>11. 8:30 COFFEE SOCIAL 10:30 CRAFTS 11:00 MENS GROUP 11:30 EXERCISE 12:00 LUNCH 1:00 GAMES</p> <p>JOHNNY APPLESEED DAY</p>	<p>12 8:30 COFFEE SOCIAL 10:30 11:30 EXERCISE 12:00 LUNCH 1:00 BINGO WITH A TWIST</p>	<p>13 9:00 BREAKFAST 11:30 EXERCISE 12:30 LUNCH 1:30 SATURDAY AT THE MOVIES</p> <p>1877 EAR MUFFS PATENTED</p>

14
9:00 BREAKFAST
10:30 CRAFTS
11:30 EXERCISE
12:30 LUNCH
1:30 BINGO

**DAYLIGHT
SAVINGS
TIME BEGINS**

15
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 GAME
6:00 JUNE SINGS

IDES OF MARCH

16.
8:30 COFFEE
SOCIAL
10:30 BINGO
11:30 EXERCISE
12:00 LUNCH
1:00 VOLLEYBALL

17.
8:30 COFFEE SOCIAL
10:00 BEAT THE
BLUES
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 ST PATRICKS
DAY PARTY



18.
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

**1931
FIRST ELECTRIC
RAZOR**

19.
8:30COFFEE
SOCIAL
10:30 M WORDS
11:30 EXERCISE
12:00 LUNCH
1:00 KAROKE

**NAME
EVERYTHING
"M" DAY**

20.
9:00 BREAKFAST
11:30 EXERCISE
12:30 LUNCH
1:00 CRAFTS-
COLORING

21.
9:00 BREAKFAST
10:30 CRAFTS
11:30 EXERCISE
12:30 LUNCH
1:30 BINGO

22.
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00

**NATIONAL
GOOF OFF
DAY**

23.
8:30 COFFEE
SOCIAL
10.30
11:30 EXERCISE
12:00 LUNCH
1:00 CHIPS AND DIP
DAY

**1912 DIXIE CUP
PATENTED**

24.
8:30 COFFEE
SOCIAL
10:00 BEAT THE
BLUES
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

25.
8:30 COFFEE
SOCIAL
10:30
CRAFTS/BAZAAR
11:30 EXERCISE
12:00 LUNCH
1:00 OPEN/BAZAAR

**FIRST COLOR
TV 1954**

26.
8:30 COFFEE
SOCIAL
10:30 PARTICIPANT
COUNCIL
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

FUNNY FRIDAY

27.
9:00 BREAKFAST
11:30 EXERCISE
12:30 LUNCH
1:30 SATURDAY AT
THE MOVIES

28.
9:00 BREAKFAST
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 BINGO

**PALM
SUNDAY**

29.
8:30 COFFEE
SOCIAL
10:30 CRAFTS
11:30 EXERCISE
12:00 LUNCH
1:00 KAROKE

**HAPPY
BIRTHDAY PEARL
BAILEY**

30.
8:30 COFFEE
SOCIAL
10:30 GAME DAY
11:30 EXERCISE
12:00 LUNCH
1:00 GAMES

PASSOVER

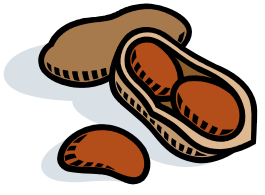
31
8:30 COFFEE
SOCIAL
10:30 CRAFT
11:30 EXERCISE
12:00 LUNCH
1:00

**HAPPY BIRTHDAY
EIFFEL TOWER**

**IRISH
AMERICAN
MONTH**



**NATIONAL
PEANUT
MONTH**



**NATIONAL
NUTRITION
MONTH**

